

Aid Station Location & Distance

Marathon	Dist	Total Dist			Personal Needs	Medical	Toilets
Start	0	0				yes	yes
Albert Rd/St Kilda Rd Park	2.9	2.9	Cups	Water		yes	yes
Fitzroy / Lakeside	3	5.9	Cups/S achet	Water Powerade		yes	yes
Albert Rd Drive	2.9	8.8	Cups	Water	yes	yes	
Pits Building	2.3	11.1	Cups	Water Powerade		yes	yes
Fitzroy / Lakeside	2.2	13.3	Cups	Water Powerade		yes	yes
Mills St/ B'Field Pde	2.8	16.1	Cups	Water Powerade		yes	yes
Mills St/ B'Field Pde	3.2	19.3	Cups	Water Powerade	yes	yes	yes
Blessingston St/ Marine	3.2	22.5	Cups	Water		yes	yes
Elwood LSC	3.1	25.6	Cups	Water Powerade	yes	yes	yes
Blessingston St/ Marine	2.3	27.9	Cups	Water		yes	yes
Fitzroy / Lakeside	2	29.9	Cups	Water Powerade		yes	yes
Albert Rd/St Kilda Rd Park	2.9	32.8	Cups	Water		yes	yes

Linlithgow/Govt House Dve	2.8	35.6	Cups	Water Powerade	yes	yes	yes
St Kilda Rd/Govt House Dve	3	38.6	Cups	Water Powerade		yes	yes
Princes Bridge	1	39.6	Cups	Water Powerade			
Wellington St Sth	1.3	40.9	Cups	Water		yes	yes
Marathon & 1/2 MCG finish area		42	Cups	Water		yes	